Charles Street Obstetrics~Gynecology Associates, P.A.

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Inpatient Surgery Instructions

PLEASE ARRIVE PROMPTLY – AT LEAST ONE HOUR PRIOR TO THE TIME OF SURGERY TO SIGN IN AT THE FRONT DESK.

Preparation for Surgery:

- Eat lightly 24 hours prior to surgery. Clear liquids such as soups, broths and juices are recommended.
- Do not eat or drink anything after midnight the night before surgery. This includes water, mints, gum, lozenges.
- No smoking at least 24 hrs prior to surgery.
- Do not take any medications after midnight the night before surgery unless your surgeon specifically instructs you to do so. Please bring a list of all current medications you are taking.
- Do not take any aspirin products or NSAIDs (Motrin, Advil, Aleve) at least 2 weeks prior to surgery. Tylenol is allowed.
- For patients on BCPs (birth control pills), stop taking the pills one month prior to surgery and use barrier contraception.
- Your doctor may prescribe pre-op antibiotics or bowel prep prior to surgery. Please comply with the individual instructions.
- Please remove all make-up and nail polish prior to surgery.
- Please remove contact lenses prior to surgery (including extended wear).
- You will be asked to remove dentures, bridges and hearing aides. Please bring appropriately labeled cases for these.
- Do not bring any valuables (jewelry, watches)
- Wear comfortable, loose-fitting clothing and flat shoes.
- Arrange for a family member or friend to drive you to and from the surgicenter. No surgical patient will be allowed to leave the facility without an accompanying adult.
- If you have any questions, do not hesitate to contact the office: 410 823 1120