

Charles Street Obstetrics~Gynecology Associates, P.A.

Robert E. Ottenritter, M.D., F.A.C.O.G.

Onkar N. Singh, M.D., F.A.C.O.G.

Laura M. Erdman, M.D., F.A.C.O.G.

Guidelines for Medication

- **Insulin** – consult with your primary care doctor about taking on the day of surgery
- **Aspirin, aspirin products, Coumadin, Plavix** – consult your primary care doctor or cardiologist about taking on the day of surgery
- **Psychiatric medications, antidepressants, antianxiety medications** – continue taking on day of surgery. Consult prescribing physician with any concerns.
- **Vitamins, Iron** – do not take on the day of surgery
- **Estrogen, hormone replacement therapy** – do not take on day of surgery
- **Topical medications (creams and ointments)** – do not use on day of surgery
- **Diabetes medications (Metformin, Glucophage, Glucovance, Avandamet, Actos)** – all must be stopped 24 hrs prior to surgery
- **Ibuprofen, Advil, Motrin, Naproxen (all anti-inflammatory medications)** – all must be stopped 48 hours prior to plastic or retinal surgery, otherwise do not take on day of surgery
- **All Herbal medications and non-vitamin supplements** – must be stopped SEVEN days prior to surgery
- **Diet medications** – must be stopped SEVEN days prior to surgery
- **Asthma inhalers** – use as usual on the morning of surgery, and bring with you to the hospital
- **Birth control pills** – continue on day of surgery
- **Eye drops** – continue on day of surgery
- **Narcotic pain medications** – continue on day of surgery
- **Antiseizure medications** – continue on day of surgery
- **Steroids (oral and inhaled)** – continue on day of surgery
- **Statins (Zocor, Lipitor)** – continue on day of surgery
- **Cardiac medications (Digoxin)** – continue on day of surgery
- **Blood pressure medications, diuretics (water pills)** – continue on day of surgery
- **Thyroid medications** – continue on day of surgery
- **COX-2 inhibitors (Vioxx, Celebrex)** – continue on day of surgery