

## CHARLES STREET OB~GYN

### ***Medications Safe in Pregnancy:***

Abreva	Fibercon	Nasonex	Tylenol
Advair	Fioricet	Nexium	Tylenol cold/sinus
Allegra	Flagyl	Pepcid	Tylenol PM
Ambien	Flonase	Penicillin	Unisom
Ampicillin	Gynelotrimin	Phenergan	Valtrex
Anusol	Hydrocortisone 1%	Preparation H	Vicks
Amoxicillin	Imodium AD	Prilosec	Zantac
Bactrim DS	Kaopectate	Protonix	Zithromax (Z-pak)
Benadryl	Keflex	Pyridium	Zofran
Claritin (plain or D)	Maalox	Reglan	Zoloft
Clindesse	Macrobid	Robitussin (all)	Zovirax
Colace	Miralax	Rolaids	Zyrtec
Diflucan	Monistat	Sudafed	
Excedrin Tension	Mucinex	Terazol (12-36 wks)	
Headache (no aspirin)			
Erythromycin	Mylanta	Tums	

Most topical ointments, hair care products, self tanning lotions, facial cleansers and acne medications (including Benzoperoxide and Salicylic acid) are safe in pregnancy.

### ***Medications to avoid during pregnancy (unless cleared by one of our physicians):***

Aspirin	NSAIDs (Advil, Motrin, Ibuprofen, Aleve)
Cipro	Nyquil
Doxycycline	Pepto Bismol
Excedrin (all other formulations)	Singulair
Fluoroquinolones	Tetracycline
Levaquin	
Minocin	

### ***Dentist's Office:***

All patients are encouraged to receive dental care prior to pregnancy or after they are over morning sickness. Research has shown that cavities may lead to pre-term labor. We do have the following requests:

- No routine x-rays. Diagnostic x-rays are permissible with appropriate lead shielding of the abdomen.
- Please use only category B antibiotics.
- Tylenol and narcotic combination pain relievers (Percocet) are permissible on a short-term basis.
- Please do not use NSAIDs, especially during the third trimester.
- If the patient is visibly pregnancy, please avoid a flat supine position. Place a towel roll, pillow or wedge under one hip so she is tilted to the side.
- Novocaine without epinephrine should be used.