

CHARLES STREET OB~GYN

Medications Safe in Pregnancy:

Abreva	Fibercon	Nasonex	Tylenol
Advair	Fioricet	Nexium	Tylenol cold/sinus
Allegra	Flagyl	Pepcid	Tylenol PM
Ambien	Flonase	Penicillin	Unisom
Ampicillin	Gynelotrimin	Phenergan	Valtrex
Anusol	Hydrocortisone 1%	Preparation H	Vicks
Amoxicillin	Imodium AD	Prilosec	Zantac
Bactrim DS	Kaopectate	Protonix	Zithromax (Z-pak)
Benadryl	Keflex	Pyridium	Zofran
Claritin (plain or D)	Maalox	Reglan	Zoloft
Clindesse	Macrobid	Robitussin (all)	Zovirax
Colace	Miralax	Rolaids	Zyrtec
Diflucan	Monistat	Sudafed	
Excedrin Tension	Mucinex	Terazol (12-36 wks)	
Headache (no aspirin)			
Erythromycin	Mylanta	Tums	

Most topical ointments, hair care products, self tanning lotions, facial cleansers and acne medications (including Benzoperoxide and Salicylic acid) are safe in pregnancy.

Medications to avoid during pregnancy (unless cleared by one of our physicians):

Aspirin	NSAIDs (Advil, Motrin, Ibuprofen, Aleve)
Cipro	Nyquil
Doxycycline	Pepto Bismol
Excedrin (all other formulations)	Singulair
Fluoroquinolones	Tetracycline
Levaquin	
Minocin	

Dentist's Office:

All patients are encouraged to receive dental care prior to pregnancy or after they are over morning sickness. Research has shown that cavities may lead to pre-term labor. We do have the following requests:

- No routine x-rays. Diagnostic x-rays are permissible with appropriate lead shielding of the abdomen.
- Please use only category B antibiotics.
- Tylenol and narcotic combination pain relievers (Percocet) are permissible on a short-term basis.
- Please do not use NSAIDs, especially during the third trimester.
- If the patient is visibly pregnancy, please avoid a flat supine position. Place a towel roll, pillow or wedge under one hip so she is tilted to the side.
- Novocaine without epinephrine should be used.