

CHARLES STREET OB~GYN

Pregnancy Checklist

1st Prenatal Visit (8-10 weeks):

- Prenatal labs: blood work and urine
- Make appointment for 10 week sonogram
- Make appointment for 12 week First Trimester Screen
- Fill prenatal vitamin prescription and/or purchase DHA supplement
- Decide about Cystic Fibrosis Screening
- Decide about Cord Blood Registry
- Complete GBMC on-line preregistration form (link to the form is available at www.csobgyn.com)
- _____

16-18 weeks

- Prenatal Labs: Quad screen or MSAFP
- _____

18-20 weeks

- Make appointment for anomaly sonogram

28 weeks

- Prenatal Labs: GTT, Hematocrit, RPR
- _____

Third Trimester

- Interview/Select Infant's Pediatrician
- Register for childbirth classes if desired – link to GBMC Parent Education is available at www.csobgyn.com
- Pack your hospital bag
- _____

Other

- _____
- _____

*** Please bring this checklist with you to each prenatal visit. Thank you.