

Charles Street Obstetrics~Gynecology Associates, P.A.

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Postoperative instructions for LEEP or Laser of Cervix

- For the first 24-28 hours after the procedure, you may have some nausea and vomiting, menstrual-like lower abdominal cramps, muscle aches, shoulder pain, or sore throat. These symptoms will resolve quickly.
- Vaginal bleeding may occur, and may last up to 14 days. There may also be yellow, brown or black discharge that resembles the appearance of coffee grounds. Use sanitary pads, not tampons. Do not have sex and do not douche until after your return visit.
- If nausea is present after surgery, eat lightly until it resolves. Clear liquids such as soups, broth, Gatorade, and flat cola are advised.
- There are no restrictions in the use of stairs. Do not exercise and avoid heavy lifting until after your return visit.
- You may shower the day after surgery, but avoid tub baths until after your return appointment.
- You may drive a car the day after surgery.
- If you did not make your postop appointment when you scheduled your surgery, please call the office to schedule an appointment for 2 weeks after your surgery.
- Call the office if any of the following conditions occur:
 - Temperature greater than 100.4
 - Persistent nausea with vomiting
 - Increasing pain not relieved with pain medication
 - Vaginal bleeding heavier than a period
 - Inability to urinate
- If you have any questions, please do not hesitate to call the office: 410 823 1120