

# Visitor Information for Labor & Delivery, Postpartum, and Neonatal Intensive Care Units at GBMC During Community Transmission of COVID-19

### General Maternal Child Health Visiting Guidelines

- Visiting hours are not restricted.
- Visitors must be 18 years of age, unless they are the parent of the newborn.
- Visitors must present an acceptable form of photo ID and stop at the screening station upon entrance to the hospital.
- Visitors who do not pass the screening process or follow hospital protocols will not be allowed to visit.
- For security purposes, visitors must also stop at the OB registration desk for a visitor pass.
- Visitors must wear a mask at all times when they are outside of the patient room, in the L&D/postpartum patient room when staff members are present, and at all times in the NICU.
- Visitors must perform hand hygiene and follow instructions for use of personal protective equipment.
- Visitors are requested to stay in the patient room and limit movement around the hospital.

# Labor and Delivery

- One visitor (support coach/significant other) is allowed in the L&D triage room, birthing room, operating room, and PACU area. One alternate visitor may be identified in the event of an emergency (the same alternate throughout the stay). Exception: Patients who are COVID+ or suspected COVID+ may have one visitor who may not alternate with a second person and must wear appropriate personal protective equipment.
- One visitor is allowed during outpatient surgical procedures.

# Postpartum

• One visitor is allowed during the postpartum stay. This visitor may change/rotate with one alternate person (the same alternate throughout the stay). Only one visitor may be on the campus at a time. *Exception*: Patients who are COVID+ or suspected COVID+ may have one visitor who may not alternate with a second person and must wear appropriate personal protective equipment.

### **NICU**

• Only the two parents/individuals with the infant identification bands may visit in the NICU. The two visitors may visit at the same time at the baby's bedside. *Exception*: If the approved visitor(s) is COVID+ or suspected COVID+, the baby may have another healthy, asymptomatic visitor who must wear appropriate personal protective equipment.



<sup>\*</sup>Please see the GBMC website (GBMC.org) for the complete visitor policy.