

## Medications Safe in Pregnancy

Abreva	Excedrin Tension	Mucinex	Roloids	Zofran
Advair	Erythromycin	Mylanta	Singulair	Zoloft
Allegra	Fibercon	Nasonex	Terazol	Zovirax
Ambien	Floricet	Nexium	Tums	Zyrtec
Ampicillin	Flonase	Pepcid	Tylenol	
Anusol (incl HC)	Gas X	Penicillin	Tylenol cold/sinus	
Amoxicillin	Hydrocortisone 1%	Phenergan	Tylenol PM	
Benadryl	Imodium AD	Preparation H	Unisom	
Claritin (plain)	Kaopectate	Priolsec	Valtrex	
Clindesse	Keflex	Protonix	Vicks	
Colace	Maalox	Pulmicort	Zantac	
Diclegis	Miralax	Pyridium	Zithromax (Z-pak)	
	Monistat	Reglan		

The following Medications are safe in pregnancy **AFTER** the first trimester

Bactrim DS	Flagyl
Macrobid	Diflucan

*Most topical ointments, hair care products, self tanning lotions, facial cleansers and acne medications  
(including Benzoperoxide and Salicylic acid) are safe in pregnancy.*

## Medications to Avoid During Pregnancy

Ciprofloxacin Doxycycline Fluoroquinolones Levaquin	NSAIDS (Advil, Motrin, Ibuprofen, Aleve) Nyquil Pepto Bismol Tetracyclines
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## Dentist's Office

All patients are encouraged to receive dental care prior to pregnancy or after they are over morning sickness. Research has shown that cavities may lead to pre-term labor. We do have the following requests:

- No routine X-rays. Diagnostic X-rays are permissible with appropriate lead shielding of the abdomen.
- If antibiotics are indicated, please use penicillin or macrolides. Avoid fluoroquinolones and tetracyclines. Clindamycin is acceptable.
- Tylenol and narcotic combinatio pain relievers (Percocet) are permissible on a short-term basis.
- Please do not use NSAIDs, especially during the third trimester.
- If the patient is more than 20 weeks, please avoid a flat supine position. Place a towel roll, pillow, or wedge under one hip so she is tilted to the side.
- Local anesthetics (lidocaine, novocaine) without epinephrine are preferred.