



PRENATAL TESTING SCHEDULE AND CHECKLIST

Most patients will be scheduled for office visits every 4 weeks until 30-32 weeks, then every 2 weeks until 36 weeks, then weekly until delivery.

(** Please remember to leave a urine sample in the bathroom at every visit**)

1st Prenatal Visit (8-10 weeks)

- Complete initial history and physical
- Sign consents and review information in blue folder
- Prenatal labs: blood work and urine
- Make appointment for dating sonogram (10 weeks)
- Make appointment for genetic testing (11-13 weeks)
 - NT ultrasound and first trimester screen if < 35 years old
 - NT ultrasound and NIPS if 35 years or older
- Fill prenatal vitamin prescription
- Discuss genetic carrier screening
- Discuss cord blood banking – register on your own if desired
- _____

16-18 weeks

- Prenatal Labs: Quad screen or AFP
- _____

18-20 weeks

- Make appointment for anatomy sonogram at genetics
- _____

28 weeks

- Prenatal Labs: including glucose test
- Rhogam injection (ONLY if your blood type is Rh Negative)
- Select infant's pediatrician
- Register for childbirth classes if desired
- Pack your hospital bag
- _____

36 weeks

- Growth sonogram
- Group B Strep culture
- Weekly pelvic exam
- _____

*** Please bring this checklist with you to each prenatal visit. Thank you.