

Prenatal Testing Schedule and Checklist

Most patients will be scheduled for office visits every four weeks until 30-32 weeks, then every two weeks until 36 weeks, then weekly until delivery. **Please leave a urine sample in the bathroom at every visit.**

First Prenatal Visit (8-10 Weeks)

- Complete initial history and physical.
- Sign consents and review information in the blue folder.
- Have prenatal labs done: blood work and urine.
- Have dating sonogram done in our office.
- Make an appointment for genetic testing, NT ultrasound, and NIPS (11-13 weeks at the Genetic Center, 443-849-2708).
- Continue taking prenatal vitamins.
- Discuss genetic carrier screening.
- Discuss cord blood banking. Register on your own if desired.
- _____

16-18 Week Visit

- Prenatal labs: quad screen or AFP
- _____

18-20 Week Visit

- Make an appointment for anatomy sonogram at the Genetic Center, 443-849-2708.
- _____

28 Week Visit

- Have prenatal labs done, including glucose test.
- Have Rhogam injection (ONLY if your blood type is Rh negative).
- Select infant pediatrician.
- Register for your childbirth classes if desired through GBMC Parent Education.
- Pack your hospital bag.
- Get TDAP vaccine.
- _____

36 Week Visit

- Get growth sonogram in our office.
- Have group B strep culture.
- Make appointments for weekly pelvic exams.
- Order your breast pump.
- _____

Please bring this checklist with you to each prenatal visit. Thank you.