

Medications Safe in Pregnancy

Medications Safe Throughout Pregnancy

Dosing is per product guidelines.

Abreva	Bengay	Fioricet	Monistat	Prilosec	Unisom (Doxylamine)
Acetaminophen	Claritin (Plain) (Loratadine)	Flonase	Mucinex (Guaifenesin)	Protonix	Valtrex (Valacyclovir)
Advair	Clindesse	Gas-X	Mylanta	Pulmicort	Vicks
Allegra (Fexofenadine)	Colace (Docusate)	Hydrocortisone 1%	Nasonex	Pyridium	Zithromax (Z-pak)
Ampicillin	Diclegis	Icy Hot	Nexium (Esomeprazole)	Reglan	Zolof (Sertraline)
Anusol (incl. HC)	Excedrin	Imodium AD	Pepcid	Terazol	Zovirax
Amoxicillin	Tension	Keflex	Penicillin	Tums	Zyrtec
Benadryl (Diphenhydramine)	Erythromycin	Maalox	Phenergan	Tylenol	
	Fibercon	MiraLAX	Preparation H	Tylenol PM	

Medications Safe in Pregnancy After the First Trimester

Bactrim DS	Phenylephrine	Macrobid	Diflucan
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Most topical ointments, hair care products, self-tanning lotions, facial cleansers, and acne medication (including benzoyl peroxide and salicylic acid) are safe in pregnancy.

Medications to Avoid During Pregnancy

Ciprofloxacin	Doxycycline	Fluoroquinolones	Levaquin	NSAIDS (Advil, Motrin, ibuprofen, Aleve)	Nyquil
Pepto Bismol	Pseudoephedrine	Tetracycline			

Dentist's Office

All patients are encouraged to receive dental care prior to pregnancy or after they are over morning sickness. Research has shown that cavities may lead to pre-term labor. We do have the following requests:

- No routine X-rays. Diagnostic X-rays are permissible with appropriate lead shielding of the abdomen.
- If antibiotics are needed, please use penicillin or macrolides. Avoid fluoroquinolones and tetracyclines. Clindamycin is acceptable.
- Tylenol and narcotic combination pain relievers (Percocet) are permissible on a short-term basis.
- Please do not use NSAIDS, especially in the third trimester.
- If the patient is more than 20 weeks, please avoid a flat supine position. Place a towel roll, pillow, or wedge under one hip so she is tilted to the side.
- Local anesthetics (lidocaine, Novocain) without epinephrine are preferred.