

## Genetic Carrier Screening

Genetic carrier screening, as prescribed by your healthcare provider, is a way to identify whether you are a “carrier” of various genetic disorders. Typically, carriers are healthy individuals; but when two parents are carriers of the same genetic disorder, they can have a child affected with the disorder. Knowing if you and you partner are carriers can help define your risk of having a child with that disorder

### Advantages of Genetic Carrier Screening

- For patients who are not carriers, expanded carrier screening provides reassurance that their child will be at a significantly reduced risk of developing any of the included genetic disorders.
- In most cases, if both parents are found to be a carrier for the same disorder, there is a significantly increased chance of having an affected child, and this knowledge can help guide future decisions.
- For couples who are found to be at increased risk for an affected pregnancy:
  - Your healthcare provider can help you understand the medical options available if you are planning on having a family.
  - If you are pregnant, you can pursue testing to determine if the pregnancy is affected, as well as work with your physician to learn about how to best care for treatable diseases.
 Some of the conditions you may be screened for include:

<b>Cystic Fibrosis (CF)</b>	CF affects many different organs in the body, including the lungs, pancreas, and liver, by lining them with abnormally thick, sticky mucus. CF may cause chronic breathing problems and lung infections. CF patients have a lower life expectancy.
<b>Spinal Muscular Atrophy (SMA)</b>	SMA causes certain nerves in the brain and spinal cord to die, impairing the person’s ability to move.
<b>Fragile X Syndrome</b>	Fragile X Syndrome causes serious intellectual impairment and behavioral problems. It is the most common form of inherited intellectual disability.

### Obtaining Genetic Carrier Screening

Patients can schedule a consultation with a medical professional once results have been received. Pre-genetic counseling is also available by referral from a healthcare provider.

**Please make a selection and sign below:**

- I have received information from my healthcare provider regarding genetic carrier screening and hereby **ACCEPT** the genetic carrier screening.
- I have received information from my healthcare provider regarding genetic carrier screening and hereby **DECLINE** to undergo screening, despite being advised of the benefits of these options.

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_