

Laura M. Erdman, M.D., F.A.C.O.G Onkar N. Singh, M.D., F.A.C.O.G Lindsay H. Morrell, M.D., F.A.C.O.G Mary A. Ahern, M.D.

## Welcome!

We are pleased that you have chosen our Division of Capital Women's Care as your prenatal care provider. We know you have choices when it comes to the birth of your child, and we want to ensure you have the best possible prenatal and childbirth experience. Our obstetrical team consists of Dr. Laura Erdman, Dr. Lindsay Morrell, and Dr. Mary Ahern. We encourage you and your partner to meet with all healthcare providers during the course of your prenatal care, so that you can become familiar with each member of your healthcare team. You will receive sensitive, non-judgmental and individualized care that will educate and empower you to make informed choices regarding your prenatal care and birth.

Your first prenatal visit will be scheduled at 8-10 weeks of pregnancy. We will review your prenatal schedule, discuss pregnancy modifications, and answer all your questions. After your first visit, you will be seen every four weeks until later in the pregnancy, based on your risk factors and gestational age. During each office visit we will focus on important aspects that pertain to your pregnancy and gestational age. We encourage you to keep a list of questions and review them with your provider at each prenatal visit. In addition, please visit our website (<a href="www.csobgyn.com">www.csobgyn.com</a>) where you may find answers to many of your questions.

We are accessible to you 24 hours a day by dialing our office number (410) 823-1120. (After hours, we prefer you to contact the on-call physician for urgent and emergent matters only.)

In order to provide you with the best possible care, we have joined with other physician colleagues at GBMC to share weeknight, weekend, and holiday coverage. Therefore, there may be a time when your obstetrical care is provided by one of our affiliated physicians. Please know that this arrangement is for the benefit and well being of our patients, and it will in no way impact the quality of care that you receive. We will follow up on all calls or visits made on the weekends not covered by our physicians, and we will ensure you receive the continuity of care you and your baby deserve.

We look forward to taking this journey with you and to provide you with the best possible care. Please know that we are here for you, and we will be happy to assist you in any way we can!