

Office D&C: What to Expect

Before the Procedure

- Fill the prescription (doxycycline and methylergonovine) if you were provided one.
- Take doxycycline two hours prior to your appointment. It is OK to take with a small amount of food.
- Arrive to the office at your scheduled time: _____.
- Sign the consent form once you are called back.
- Decide if you want to have a chromosome analysis done. (If procedure is being done due to fetal demise.)

During the Procedure

- The D&C that we will perform in the office is the same procedure that we perform in the OR. There will be some discomfort.
- We will administer local anesthesia in the form of a paracervical block to minimize the cramping. However, some menstrual type cramping and discomfort are still to be expected.
- It is helpful to bring ear buds or headphones to help dissociate yourself from the present events.
- The procedure will take around 10-15 minutes, and we will observe you for another 10- 15 minutes after the procedure to ensure you are able to go home.

After the Procedure

- You will need another person to drive you home after the procedure.
- Expect cramping. The pain should improve day by day but may be present for up to 7-14 days.
- Expect bleeding. Bleeding should become lighter with time but may continue for 10-14 days.
- You can take ibuprofen as directed on the bottle for cramping.
- Do not put anything in your vagina for two weeks. No tampons and no sex.
- Please contact the office if you are soaking through a pad in less than one hour, if you develop severe abdominal pain, or if you have a temperature greater than 100.4° F.

Additional Information

- We will perform an insurance verification if needed prior to performing the procedure in the office. Please be aware that any usual fees, such as deductibles, copays, and other surgical charges, may apply.
- Please schedule a post-op appointment for two weeks after the procedure.
- If you have chosen to have the tissue analyzed for chromosomes, we will need to draw your blood on the day of the procedure. The results will return in about 10-14 days. There may be lab fees associated with this analysis as well.

If you have any additional questions or concerns, please feel free to contact our office during business hours at 410-823-1120.